

The relationship implications of affect script psychology in schools, churches, business organizations, criminal justice systems, psychotherapeutic settings and nations.

CONFERENCE Highlight: Andreas Aamodt

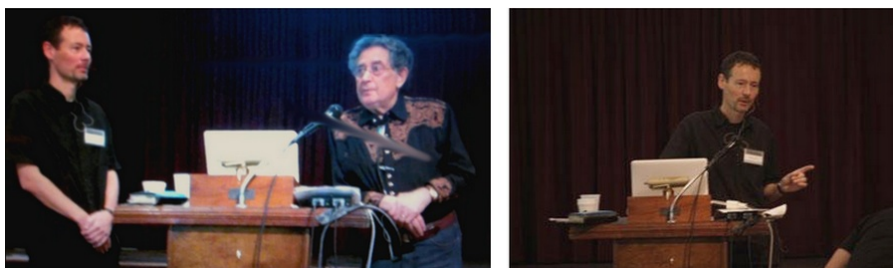
The Affect Consciousness Model: Understanding and treating people with severe mental disorders

Even if we assume that human beings are biologically endowed with certain basic affects, the adaptive functions of these affects seem to depend largely on the individual's scripts for handling them. Experiences with the Affect Consciousness Interview, and Affect Consciousness Therapy, has demonstrated that mental health is closely related to the scripts that control the individuals ability to consciously recognize, tolerate, reflect upon, utilize and express affects.

Therapists conducting The Affect Consciousness Interview, where the individual's scripts for handling the basic affects will be identified, can in a very helpful way understand persons suffering from all kinds of mental disorders. Therapists using the Affect Consciousness Therapy Model can effectively treat all kinds of mental disorders, including the most severe.

In Aamodt's presentation the Affect Consciousness Therapy Model, and the Affect Consciousness Interview, was explained and demonstrated by videotaped case studies of former patients who has outgrown severe borderline personality disorders and schizophrenia. The attendants received handouts on the Affect Consciousness Interview, including The Affect Consciousness Rating Scales that can be used to explore human affective life. The presentation included the fundamental aspects of the integrative Affect Consciousness Therapy Model that has been demonstrated to have extraordinarily good outcome results for people with severe mental disorders. Selected articles and references were provided.

Dr. Jon Monsen at The University of Oslo is the founder of the Affect Consciousness Model. Psykologspesialist Andreas Aamodt has been a dedicated student and practitioner of the Affect Consciousness Model all his professional life.



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